Useful Information

NHS Direct – 0845 46 47, 24 hours a day, 7 days a week
This service provides free advice and information on any health matter

Litherland Town Hall Health Centre
T: 0151 475 4667/8
Monday – Friday 8am-8pm, Saturday & Sunday 9am - 6pm
Hatton Hill Road, Litherland, L21 9JN

This service provides a Walk-in Treatment service.

Care at the Chemist
Patients can access certain prescriptions directly through the local community pharmacy without having to see their GP first.

Aintree Hospital NHS Foundation Trust
T: 0151 525 5980
Lower Lane, Liverpool, L9 7AL

Liverpool Heart and Chest Hospital
T: 0151 228 1616
Thomas Drive, Liverpool, L14 3PE

Southport & District General Hospital
T: 01704 547471
Town Lane, Southport, PR8 6PN

Social Care (Sefton Social Services)
T: 0151 934 3737
Sefton Metropolitan Borough Council is responsible for the social care in Sefton.

Sefton Carers’ Centre
T: 0151 288 6060
A voluntary organisation providing information and support to carers.

Our patients matter

Liverpool Community Health NHS Trust aims to provide a high quality services which reflect the needs of our communities. This means listening and responding to comments to help improve the services we deliver.

If you have any comments or concerns you can speak with a member of staff or contact our Patient Advice and Liaison Service (PALS) for Liverpool Community Health.
t: 0300 7900 224  f: 0151 295 3232

To contact our Customer Service Team
t: 0151 295 3086/3087
e: csd@liverpoolch.nhs.uk

To request the leaflet in an alternative format or language please contact the Equality & Diversity Team.
t: 0151 295 3041
e: equality@liverpoolch.nhs.uk

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Your health and wellbeing is important to us. Our staff can provide the right advice and guidance about staying healthy and feeling good or put you in touch with a wide range of services/activities that can help.

For more information on the services we deliver in your community visit www.liverpoolcommunityhealth.nhs.uk
**Aim of the Service**

The aim of the cardiac service within Liverpool Community Health NHS Trust is to provide all patients with cardiac conditions the support and care required.

These conditions include heart attack, valvular heart disease, coronary artery bypass graft, heart failure, cardiomyopathy, angioplasty, stent, ICD and biventricular pacemaker.

You may have been referred by your GP, practice nurse, cardiologist, hospital based cardiac nurse or health professional.

Your nurse will see you at regular intervals, depending on your condition, either at home or in a clinic setting.

Your cardiac nurse will support you in understanding your condition and can provide you with relevant information leaflets where necessary.

Any consultation with your cardiac nurse, with your consent, will be fed back directly to your GP.

The Community Cardiac Team are based at Litherland Town Hall Health Centre
Telephone No. 0151 475 4030

If you need to contact your nurse and there is no reply please leave a message. Your call will be returned as soon as possible.

If you have an urgent problem then please contact your GP.

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**Cardiac Specialist Nurses**

The cardiac specialist nurse will provide support and information to patients recovering from a heart attack or those who have worsening symptoms of heart failure.

They will assist with advice regarding rehabilitation, medication, symptoms and lifestyle advice. They will also offer advice and information with regards to self-management.

They will liaise with the specialist nurses in the hospital and consultants or GP’s where necessary, particularly if patients have complex medical problems.

**Community Cardiac Nurses**

The community cardiac nurses ensure that patients referred with heart failure symptoms, with a Sefton area GP, who are either housebound or able to attend a cardiac clinic are offered a review. This consists of symptom management, medication review and lifestyle advice.

They liaise closely with the cardiac specialist nurses and GP’s and aim to optimize your treatment.

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**Community Cardiac Rehabilitation Nurses**

The cardiac rehabilitation nurses will contact patients on their return home from hospital following cardiac events, procedures or surgery.

The patients and carers will be contacted and be provided with support and information on the recovery process and medication issues. Advice will be offered on any lifestyle changes that may be required.

The process of cardiac rehabilitation will be explained and all the options available to patients will be discussed. When necessary they will liaise with other health care professionals involved in your care.

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**Health Care Assistants**

The health care assistants support the cardiac team with monitoring and reviewing patients under the care of the cardiac nurses.